



*Proclamation
of the
City of Foster City, California*

**Recognizing September 2023 as
Suicide Prevention Month**

WHEREAS, the City of Foster City will join the county, state and country in honoring Suicide Prevention Month (September), National Suicide Prevention Week (September 10-16) and World Suicide Prevention Day (September 10) to spread the message that suicide can be prevented; and

WHEREAS, in 2022, 67 people died by suicide (19% increase from 54 in 2021) in San Mateo County and 13,525 contacts were received by the San Mateo County StarVista Crisis Hotline; and

WHEREAS, City of Foster City residents are urged to play a role in supporting each other and preventing suicide by knowing the signs of suicide, finding the words to communicate and reaching out to local 24/7 resources, including our local San Mateo County StarVista Crisis Hotline (650-579-0350) or National Suicide Prevention Lifeline, which is 988 or 1-800-273-TALK; and

WHEREAS, residents can also play a role in suicide prevention by supporting local Suicide Prevention Month events, advocacy days and communication campaign. Across the city, county and state, the 2023 September Suicide Prevention Month theme is "Share Hope Together", and ongoing updates are posted at www.SMCHealth.org/SPM; and

WHEREAS, the City of Foster City along with San Mateo County have come together promoting awareness of and access to mental health resources in our communities.

NOW, THEREFORE, I, JON FROOMIN, MAYOR OF THE CITY OF FOSTER CITY, ON BEHALF OF THE CITY COUNCIL, do hereby designate the month of September 2023 as "**Suicide Prevention Month**" and encourage all citizens of Foster City to find their role in suicide prevention.



IN WITNESS WHEREOF, I have hereunto set my hand and have caused the official seal of the City of Foster City to be affixed this 21st day of August in the year two thousand and twenty-three, A.D.

MAYOR JON FROOMIN